



Costa Rica

Team Itinerary
September 2019

Print this off and carry with you on arrival

Program Management	
Name and address	Jakera Costa Rica, Santa Teresa, Cobano Puntarenas, Costa Rica
In-country 24 hour phone number	Chris: 00 506 2640 0801 office: 00 506 8854 7086 Peggy: 00 506 8644 4717
Leap UK 24 hour phone number	00 44 (0) 7973 838 157
STA Emergency Number	00 44 (0) 151 559 3930
Project Leader	Peggy Muñoz

On arrival at the airport	
One of our representatives will be at the airport to meet each student on their arrival, holding 'The Leap' sign. In the unlikely event that they are not there - stay in the airport and call the emergency numbers above.	
In the event that your flight is delayed and you miss a connection, don't panic! Please go to the airline desk. The airline is responsible for you whilst you're in transit and will book you onto the next available flight and provide overnight accommodation if necessary. Once you have your onward flight arranged please contact the Leap to advise of your new arrival time so we can rearrange your pick-up.	

Week	Date	Day	Location	Activity
Week 1	6th Sept	1 Fri	Santa Teresa	Drive to Santa Teresa in daylight or overnight at the Cala Inn in San Jose and travel down following morning.
	7th Sept	2 Sat		Weekend Arrival and induction, Spanish and safety briefings with focus on water safety.
	8th Sept	3 Sun		Weekend
	9th Sept	4 Mon	Santa Teresa	Surf and Spanish lessons in the morning. Volunteering in the afternoon. Recycling, beach clean up, kids club and tree planting. Surf lessons included only in week 1.
	10th Sept	5 Tues		
	11th Sept	6 Weds		
	12th Sept	7 Thurs		
Week 2	13th Sept	8 Fri		Chloe arrives for 3 weeks
	14th Sept	9 Sat		Weekend Independence Day
	15th Sept	10 Sun		Weekend
	16th Sept	11 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter.
	17th Sept	12 Tues		
18th Sept	13 Weds			
19th Sept	14 Thurs			
Week 3	20th Sept	15 Fri		Weekend
	21st Sept	16 Sat		Weekend
	22nd Sept	17 Sun		
	23rd Sept	18 Mon	Cirenas, Manzanillo	Turtle week. CIRENAS / Turtle/ Permaculture project in Ario.
	24th Sept	19 Tues		
	25th Sept	20 Weds		
	26th Sept	21 Thurs		
Week 4	27th Sept	22 Fri		Return camp
	28th Sept	23 Sat		Weekend
	29th Sept	24 Sun		Weekend
	30th Sept	25 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter. Build a hummingbird and butterfly garden for Santa Teresa
	1st Oct	26 Tues		
	2nd Oct	27 Weds		
	3rd Oct	28 Thurs		
Week 5	4th Oct	29 Fri		Weekend
	5th Oct	30 Sat		Weekend
	6th Oct	31 Sun		
	7th Oct	32 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter.
	8th Oct	33 Tues		
	9th Oct	34 Weds		
	10th Oct	35 Thurs		
Week 6	11th Oct	36 Fri		Weekend Culture Day
	12th Oct	37 Sat		Weekend
	13th Oct	38 Sun		
	14th Oct	39 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter. Turtle conservation at Playa Carmen, Banana Beach. This is about 500 meters from our jungle camp at Santa Teresa.
	15th Oct	40 Tues		
	16th Oct	41 Weds		
	17th Oct	42 Thurs		
Week 7	18th Oct	43 Fri		6 weekers depart
	19th Oct	44 Sat		Weekend
	20th Oct	45 Sun		Weekend
	21st Oct	46 Mon	Monteverde	Visit Monteverde Adventure Cloud Forest (no Spanish lessons this week).
	22nd Oct	47 Tues		
	23rd Oct	48 Weds		
	24th Oct	49 Thurs		
Week 8	25th Oct	50 Fri		Return camp
	26th Oct	51 Sat		Weekend
	27th Oct	52 Sun		Weekend
	28th Oct	53 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter.
	29th Oct	54 Tues		
	30th Oct	55 Weds		
	31st Oct	56 Thurs		
Week 9	1st Nov	57 Fri		Halloween
	2nd Nov	58 Sat		Weekend
	3rd Nov	59 Sun		Weekend
	4th Nov	60 Mon	Santa Teresa	Spanish lessons in the morning. Volunteering thereafter. Turtle conservation at Playa Carmen, Banana Beach. This is about 500 meters from our jungle camp at Santa Teresa.
	5th Nov	61 Tues		
	6th Nov	62 Weds		
	7th Nov	63 Thurs		
Week 10	8th Nov	64 Fri		Weekend
	9th Nov	65 Sat		Weekend
	10th Nov	66 Sun		
	11th Nov	67 Mon	Santa Teresa	Time to leave and evaluation reviews
	12th Nov	68 Tues		
13th Nov	69 Weds			
	14th Nov	70 Thurs		

This is the planned itinerary for your program, but is subject to change due to the needs of the community and any unforeseen events, such as bad weather. We will email everyone on arrival and at the end of weeks 1, 3, 5 and 8 to check all is well. Any concerns please talk things through with Peggy or Chris and if needs be contact us for help. Please check your email accounts.